




Workshop "Looking for Personal Direction?"

When: Saturday 6 March 2010
Where: tba Christchurch
Price: \$295 all in (Corporate \$590)

Looking for Personal Direction?

-  Collaboration / Conflict
-  Communication / Emotions
-  Personal / Family / Relations



What do you get?

- ✓ Small group setting facilitation by an experienced coach
- ✓ ODC® on-line assessment, incl. Personal Profile & Leadership Profile
- ✓ SMART Action Plan
- ✓ Workshop Notebook
- ✓ Lunch, morning & afternoon Tea

Purpose

The purpose of this 1 day workshop is to create more awareness about your Personal issue(s) and to provide you with possible directions for your **Personal development**. You will leave with a SMART Action Plan for future steps to be taken towards a more rewarding personal life.

Preparation

Before the workshop, you will complete an on-line assessment, the ODC® (ODIN Development Compass). The results are immediately available for your convenience. You will be asked to fill in a Quick Scan Intake Form before the workshop, to point out your specific goal(s) and learning aspects which will be discussed during the workshop.

The workshop

During the 1 day workshop, your issue(s) will be discussed, along with those of others. The group size will be small, with a minimum of 6 and a maximum of 10 people. The results of the ODC® assessment are a starting point for further on discussion, in order to create more awareness about the underlying thematic(s) of your day-to-day challenges. The Workshop Notebook and the SMART Action Plan format will help to make your future steps concrete. We'll start at 9am and wrap-up around 5pm. Lunch, morning and afternoon tea will be provided.

The facilitator



The workshop will be facilitated by Hugo Wijtman, Jungian Analytical Coach. Hugo is co-owner of Koru Life Balance Ltd. and the General Manager of ODIN Institute Asia & Pacific Ltd. He has 20 years of experience in high level management and leadership roles and his background is in teaching and Jungian Psychology.

Feedback from past clients:

'Hugo asks the right questions, sees what's going on and gets to the very heart of the matter; 'He is clear in his communication, gives me good instructions, is stimulating and makes change appealing'.

Post Workshop Support

At an individual level, additional support will be provided at your request.

Registration

To secure your registration for this workshop, please email (Hugo@KoruLifeBalance.co.nz) or call (03 326 3371 / 021 024 55494) before 22 February 2010, since seats are limited.

**People also attending the Workshop:
"Looking for Professional Direction" receive a \$50 discount.**

People develop @ Koru Life Balance